



CHILDREN WITH ANAPHYLAXIS AT EARLY LEARNING

Dear Parents and Carers,

The safety and well-being of all children is paramount at IGS.

Many of you may know someone who is affected by anaphylaxis, a life threatening allergic reaction. Our Centre is an allergy aware centre. Staff have training in severe allergy management and we implement strategies to help keep children at risk of anaphylaxis safe.

In 2024 we have children enrolled who live with the risk of anaphylaxis to a range of specific foods. Whilst these children are being taught to care for themselves at an age appropriate level, we ask that you help us to educate your child regarding the following:

- The importance of not sharing food with others (only eating food from their own lunchbox).
- Teach your child to wash their hands thoroughly with warm soapy water.
- The need to wash hands before and after eating at the Centre.
- Put rubbish and food scraps from mealtimes straight into the bin or back into their lunch box.
- Calling out to an adult if they think their friend with allergies is sick.

We request parents ensure every food and drink container is labelled clearly with your child first and surname to avoid any confusion regarding lunch boxes and drink bottles.

To support the health and wellbeing of children with anaphylaxis in the Centre we request that foods containing the following products are not brought to the Centre:

- Nuts

Non-allergic children at the Centre can eat baked goods that contain egg and milk, as well as yogurt.

Staff will support all children not to share food and wash their hands before and after eating.

If you have any questions or would like further information, please do not hesitate to speak with the Centre staff.

Kind regards

A handwritten signature in black ink that reads 'Victoria Kirkwood'.

Victoria Kirkwood
Director of Early Learning