

2024 IGS After School Care Term 2 Program




<u>Week 8</u> 17 - 21 June	Monday	Tuesday	Wednesday	Thursday	Friday
<i>Theme: Fitness and Wellness Week</i>					
Kindergarten					
Outdoor	Create and paint a Medal <i>LO 1.4, 2.1, 3.1, 5.2</i>	<u>Rain Stick</u> <i>LO 1.4, 2.1, 3.1, 5.2</i>	The very Hungry Caterpillar Watercolour painting <i>LO 1.4, 2.1, 3.1, 5.2</i>	<u>Emotions</u> <u>Thaumatrope</u> <i>LO 1.4, 2.1, 3.1, 5.2</i>	<u>Stress Ball</u> <i>LO 1.4, 2.1, 3.1, 5.2</i>
	Skipping <i>LO 1.1, 1.4, 2.1, 2.3, 3.2</i>	Mini Olympics <i>LO 1.1, 1.4, 2.1, 2.3, 3.2</i>	Sprouts and Chalk play <i>LO 1.1, 1.4, 2.1, 2.3</i>	Yoga <i>LO 1.4,2.1,2.3, 3.2</i>	Parachute Games <i>LO 1.1, 1.4, 2.1, 2.3, 3.2</i>
Indoor/rainy day	Create and paint a Medal <i>LO 1.4, 2.1, 3.1, 5.2</i>	<u>Rain Stick</u> <i>LO 1.4, 2.1, 3.1, 5.2</i>	The very Hungry Caterpillar Watercolour painting <i>LO 1.4, 2.1, 3.1, 5.2</i>	<u>Emotions</u> <u>Thaumatrope</u> <i>LO 1.4, 2.1, 3.1, 5.2</i>	Quite Reading/Circle Time <i>LO 1.4, 2.1, 3.1, 5.2</i>
Years 1 - 6					
Arts and Craft	<u>Stress Ball</u> <i>LO 1.4, 2.1, 3.1, 5.2</i>	<u>Laminated Collage</u> + Hama Beads <i>LO 1.4, 2.1, 3.1, 5.2</i>	Clay Medal making <i>LO 1.4, 2.1, 3.1, 5.2</i>	<u>Recycled materials</u> <u>Printmaking</u> <i>LO 1.4, 2.1, 3.1, 5.2</i>	<u>Yarn Nature Stick</u> <i>LO 1.4, 2.1, 3.1, 5.2</i>
Outdoor Games and Sports	Relay Race <i>LO 1.1, 1.4, 2.1, 2.3</i>	Boot Camp <i>LO 1.1, 1.4, 2.1, 2.3, 3.2</i>	Soccer <i>LO 1.1, 1.4, 2.1, 2.3, 3.2</i>	Sprouts and Chalk play <i>LO 1.1, 1.4, 2.1, 2.3</i>	Yoga <i>LO 1.4,2.1,2.3, 3.2</i>
Inside Games	Push up/ Sit up challenge <i>2,2,2.1,4,4.1,4.2,4.4,5,5.1</i>	Affirmations mind map <i>2,2,2.1,4,4.1,4.2,4.4,5,5.1</i>	Puzzle Time <i>2,2,2.1,4,4.1,4.2,4.4,5,5.1</i>	Stretching <i>2,2,2.1,4,4.1,4.2,4.4,5,5.1</i>	Make your own Food Market Stalls <i>2,2,2.1,4,4.1,4.2,4.4,5,5.1</i>

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Education Help	Language Help <i>(LO 4.3)</i>	General Homework <i>(LO 1.3)</i>	Language Help <i>(LO 4.3)</i>	General homework <i>(LO 4.2)</i>	General homework <i>(LO 4.2)</i>
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The activities above are designed to be child-centered and open-ended, with participation being optional. Spontaneous play is also encouraged and supported in each of the areas.

Key:

Physical Activity	Follow Up	Parent Suggestion	Creative Activity	Child Suggestion	Aboriginal and Torres Strait Islander histories and cultures 	Asia and Australia's engagement with Asia 	Sustainability 
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MTOP Outcomes:

- Outcome 1:* Children have a strong sense of identity
- Outcome 2:* Children are connected with and contribute to their world
- Outcome 3:* Children have a strong sense of wellbeing
- Outcome 4:* Children are confident and involved learners
- Outcome 5:* Children are effective communicators