

### **Opportunities for Additional Training:**

IGS offers additional training for students interested in gym/fitness, soccer and futsal, and volleyball.

See training details below:

#### **Gym and Fitness:**

Club	When	Venue	Cost	Transport
Open Gym Lunchtime	Monday, Tuesday, Wednesday	IGS Fitness Facility	Free	N/A

#### **Soccer and Futsal:**

Training	When	Venue	Cost	Transport
Wentworth Park Soccer	Wednesdays 7.00am to 8.15am	Wentworth Park Dog Track	\$150	N/A

#### **Volleyball:**

Training	When	Venue	Cost	Transport
IGS Volleyball Training	Fridays 7am to 8.20am	IGS Hall	\$50	N/A